balls food stores

Medical Insurance Wellness Discount

Discounts are worth $2080 for Teammate only
or $4160 for Teammate and Spouse each year.

DEADLINE JULY 31, 2026

Steps to take in 2026 to earn you 2027 Start Now Wellness discounts!

STEP 1 Complete the Know Your Numbers (KYN) Questionnaire (survey).

Download the **Wellworks For You** App or scan the QR codes below or visit **https://www.wellworksforyoulogin.com/**

Download on the App Store | GET IT ON Google Play

LOGIN

TEAMMATES:
Username: BFS + your employee ID (e.g. BFS123456)
Password: Your date of birth in format (MMDDYYYY)
Example: 01011999

SPOUSE/DOMESTIC PARTNER:
Username: BFS + your employee ID + THE LETTER S (e.g. BFS123456**S**)
Password: Your date of birth in format (MMDDYYYY)
Example: 02021995

STEP 2 Complete Your KYRKYN Biometric Screening

Available screening options:

- In-store screening events (March-May)
- With your primary care provider
-

To make a screening appointment, please scan this QR code:
Or visit:
https://ballsfoods.com/biometric-screenings.html

STEP 3 If Required, Enroll in Your Health Programs By July 31, 2026

If you are required to participate in a Health Program, it will appear on your Wellworks For You action List and a Start Now pharmacist will reach out to you.

Note: Health Program requirements may be added throughout the program year based on your health conditions

Learn more about other Start Now Wellness Program Offerings or Spanish forms here: https://ballsfoods.com/benefits.html

Have a question about getting started?

Call 1-800-425-4657, select option 3 to speak to a member of the Wellworks For You team